



Treating Youth Who Sexually Abuse: An Integrated Multi-Component Approach

Stephen Lundrigan

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A comprehensive program of treatment for adolescent sex offenders! Covering every phase from assessment to relapse prevention, this valuable book offers specific suggestions and backs them with the latest research as well as years of clinical experience. *Treating Youth Who Sexually Abuse: An Integrated Multicomponent Approach* is a training tool, reference book, and field manual for the use of therapists, administrators, and everyone involved with the assessment, treatment, and placement of sexually abusive youth. Beginning with a broad view of the continuum of programs available and the structure of the service-delivery system that provides treatment, *Treating Youth Who Sexually Abuse* continues with specifics of program policy and design in both outpatient and inpatient settings. From choice of client to aftercare, the book covers the specifics of pretreatment, various modalities of therapy, inpatient and outpatient programs, and relapse-prevention programs. The foundations of program structure and the specific components (such as family therapy, group therapy, milieu treatment) are integrated to make a powerful, flexible, and above all effective treatment tool. *Treating Youth Who Sexually Abuse* offers practical advice and help for therapists and administrators, including:

- ready-to-use treatment materials
- reproducible group curricula
- sample schedules for full-day treatment and afterschool programs
- discussions of staff training and administrative concerns
- information on liability issues
- ideas for coordinating care with other treatment providers

Treating Youth Who Sexually Abuse: An Integrated Multicomponent Approach is an essential training tool for students, a field manual for professionals, and a reference book for everyone interested in sex offence-specific treatment for youth. With case studies, diagnostic criteria, helpful tables and diagrams, listings of organizations in the field and Web addresses, this volume deserves a permanent place on your professional bookshelf.

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