



# The Healing Forces of Music: History, Theory, and Practice

*Randall McClellan*

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The Healing Forces of Music explores the shamanistic practices and musical cosmologies of the ancient world, the worlds of Eastern and Western classical forms, as well as contemporary resources. McClellan takes us into basic acoustics, the process of hearing and the vibratory nature of the human body. He presents a healing method through cymatics (the effect of vibration on physical matter), and also systems of healing with sound, voice and mantra, Tantric therapies and the utilization of the Endocrine Gland system and Chakra energies. He presents a thorough investigation of the physical, emotional, mental and spiritual effects of music, the characteristics of healing music, procedures for using music as a healing agent and advocates a new philosophy of music as a transcendent experience. A scholarly survey of the history, theory and practice of sound and music healing, remarkable in its cross-cultural and historical perspectives. very well received by professionals in the field. David Lorimer, Noetic Sciences Review "A major piece of work on music therapy in its widest meaning that would be of great value to musicians and non-musicians alike. Of special interest is his analysis of the physical, emotional and spiritual effects of music, including the characteristics of music for meditation. James DAngelo, Caduceus Magazine Singular work in the fields of historical perspective and potential clinical applications of music as a health promoting modality. We have no knowledge of any other individual with Dr. McClellans background in this field. Dr. Jonathan Klate, Journal of Alternative Medicine Innovative and important to a high degree. I consider this one of the two most far-reaching books on music that I have read. Dr. McClellans role in defining the full nature of music promises to be one of unusual dist



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