



The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child

Jay Gordon

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THE ADD AND ADHD CURE

"*The ADD and ADHD Cure* will be welcomed by parents who reject drug protocols and/or whose children have not been successfully treated with drugs. I highly recommend this important and groundbreaking new book."

—Jenny McCarthy

"I rely on Dr. Jay for more than my children's health. No matter what I call about-concerns about a sick kid, a parenting question, or worries about nutrition-Dr. Jay has answers and presents them in the most parent-friendly way."

—Julia Roberts

"Dr. Jay's support will be a fantastic gift for parents facing ADD/ADHD. His words come from decades of experience and a wealth of real concern and compassion for your child and your family."

—Matt and Lucy Damon

"Every new parent sometimes feels in the dark. Dr. Jay has been a constantly bright light and guide. We can't say enough great things about him or adequately express our gratitude for the patient, honest, intelligent, compassionate care he has given to our children. We enthusiastically support him and his book."

—Casey Affleck and Summer Phoenix

"This empowering book will teach, inspire, and coach your entire family to break the unhealthy nutritional habits that prevent you and your children from living healthy, focused lives."

—Tobey and Jennifer Maguire

"With this guide, you can go from panic mode into proactive mode. You can take charge of your child's health-naturally."

—Tea Leoni and David Duchovny

"I have watched Dr. Jay Gordon care for children and families who needed his skill and experience as they faced ADD and other tough diagnoses. His techniques and advice will guide you from a medication-oriented treatment to sensible, scientific nutritional and behavioral care."

—Edison de Mello, M.D., Ph.D., Director and founder, The Akasha Center for Integrative Medicine

If you're hesitant about giving your child prescribed medication for hyperactivity, read *The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child*. Using the helpful information in this book, you can decide whether your child really does have ADD or ADHD, how you can cure the problem naturally with nutrition, and how to redirect your child's focus. Don't simply mask the symptoms with drugs; instead, follow a safe and effective non-drug protocol practiced by Dr. Jay Gordon for more than three decades.

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From reader reviews:

Gail Rodriguez:

Have you spare time for just a day? What do you do when you have far more or little spare time? Yes, you can choose the suitable activity to get spend your time. Any person spent their particular spare time to take a stroll, shopping, or went to the particular Mall. How about open or maybe read a book called The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child? Maybe it is to become best activity for you. You understand beside you can spend your time together with your favorite's book, you can more intelligent than before. Do you agree with it is opinion or you have additional opinion?

Ruben Jenkins:

What do you with regards to book? It is not important along? Or just adding material if you want something to explain what yours problem? How about your extra time? Or are you busy person? If you don't have spare time to do others business, it is make one feel bored faster. And you have free time? What did you do? Everyone has many questions above. They need to answer that question simply because just their can do that. It said that about book. Book is familiar in each person. Yes, it is proper. Because start from on jardín de infancia until university need this specific The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child to read.

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David Barnett:

Precisely why? Because this The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child is an unordinary book that the inside of the e-book waiting for you to snap that but latter it will jolt you with the secret the idea inside. Reading this book close to it was fantastic author who have write the book in such awesome way makes the content inside of easier to understand, entertaining means but still convey the meaning completely. So , it is good for you because of not hesitating having this any longer or you going to regret it. This phenomenal book will give you a lot of benefits than the other book have such as help improving your expertise and your critical thinking means. So , still want to hesitate having that book? If I were you I will go to the reserve store hurriedly.

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