



Manuales de estimulación 1er año de vida (Spanish Edition)

María Isabel Lira

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La evidencia científica acumulada en los últimos años señala al período del lactante como extremadamente crítico en cuanto a las influencias que el medio ambiente puede ejercer en el desarrollo del niño. Hoy en día se

sabe de manera positiva que la calidad y cantidad de estímulos que un niño recibe en sus primeros años de vida, determinarán en gran medida las características de su personalidad. Los Manuales de estimulación que se presentan en estos textos permitirán a la madre conocer los diversos estímulos sensoriales, motores, de lenguaje, de coordinación y sociales que debe brindar a su hijo en los dos primeros años de vida, y que son indispensables para su normal desarrollo psíquico.

En su elaboración, la psicóloga María Isabel Lira fue capaz de operacionalizar, en un lenguaje ameno y sencillo, conceptos de reconocida complejidad como son, por ejemplo, los de la teoría de Jean Piaget sobre el desarrollo de la inteligencia y otras teorías del aprendizaje. Todos los ejercicios han sido diseñados en forma realista y no requieren demasiado tiempo ni grandes gastos para realizarse.

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