



The 7 Elements of Combat

Pablo Birriel

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The 7 Elements of Combat is a book with many different facets. It redefines warfare and seeks to realign the believer to the heart of God. It teaches practical physical combat to address fear in the individual while teaching sound spiritual tactics. It also addresses the three dimensions of warfare (spiritual, soul/intellectual, and physical). It is not just a book about martial arts, it is a rediscovery of the essence of the warrior that God has called to reclaim and shape the world we know, and gives him tools to succeed in whatever combat is necessary.

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