



But Inside I'm Screaming

Elizabeth Flock

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While breaking the hottest news story of the year, broadcast journalist Isabel Murphy falls apart on live television in front of an audience of millions. She lands at Three Breezes, a four-star psychiatric hospital nicknamed the "nut hut," where she begins the painful process of recovering the life everyone thought she had.

But accepting her place among her fellow patients proves difficult, and Isabel struggles to reconcile the fact that she is, indeed, one of them. As she faces the reality that in order to mend her painfully fractured life she must rely solely on herself, she must also accept an imperfect life in a world that demands perfection.

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