



# Alzheimer's Activities That Stimulate the Mind

*Emilia Bazan-Salazar*

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## **Alzheimer's Activities That Stimulate the Mind** Emilia Bazan-Salazar

Based on its author's four-year study and 15 years of experience in Alzheimer's and dementia-related care, *Alzheimer's Activities That Stimulate the Mind* is the only book offering exercises appropriate to each of the four stages of the disease. It features hundreds of exercises across an array of areas and disciplines, including arts and crafts, community outings, physical activity, religion and spirituality, grooming, gardening, music, and many more.



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