



# It's All in the Head

*Majella O'Donnell*

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## **It's All in the Head** Majella O'Donnell

In September 2013, on the Late Late Show in front of an audience of more than half a million, Majella O'Donnell had her hair shaved off and raised a phenomenal 600,000 euros for the Irish Cancer Society. It was a public declaration from a private woman, a statement of enormous courage in her fight against breast cancer.

In this searingly moving and empowering memoir, Majella takes the reader on a journey through her life to that point. It begins with her childhood in the 1960s, growing up in a small town in Ireland, her early love of music and dreams of a future full of hope and excitement, only to be dashed by a broken marriage and an uphill battle with depression.

Her confidence and self-esteem at a low ebb, Majella decided to take charge of her own life and make a fresh start. Then destiny lent a hand when she met Daniel O'Donnell, and their marriage in 2002 brought her immense happiness and fulfilment. It was a decade or so later that tragedy struck, with the diagnosis of breast cancer.

This is the compelling story of a woman made extraordinary by the courage with which she faced her greatest challenge. A woman who has learned about life the hard way, but who, with the love and support of her family and her husband Daniel, and the public by her side, has come through with a force of character and a deep-seated determination that will inspire us all.

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#### **John Warner:**

Reading a book tends to be new life style in this particular era globalization. With looking at you can get a lot of information that can give you benefit in your life. Together with book everyone in this world can certainly share their idea. Guides can also inspire a lot of people. Lots of author can inspire their very own reader with their story as well as their experience. Not only the storyline that share in the books. But also they write about the knowledge about something that you need example. How to get the good score toefl, or how to teach children, there are many kinds of book that you can get now. The authors in this world always try to improve their proficiency in writing, they also doing some investigation before they write to the book. One of them is this It's All in the Head.

#### **Alison Caulfield:**

The reason? Because this It's All in the Head is an unordinary book that the inside of the book waiting for you to snap it but latter it will shock you with the secret it inside. Reading this book close to it was fantastic author who write the book in such incredible way makes the content on the inside easier to understand, entertaining approach but still convey the meaning entirely. So , it is good for you for not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of benefits than the other book possess such as help improving your ability and your critical thinking means. So , still want to delay having that book? If I ended up you I will go to the e-book store hurriedly.

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