



# **Living Psychoanalysis: From theory to experience (The New Library of Psychoanalysis)**

*Michael Parsons*

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*Living Psychoanalysis: From Theory to Experience* represents a decade of work from one of today's leading psychoanalysts. **Michael Parsons** brings to life clinical psychoanalysis and its theoretical foundations, offering new developments in analytic theory and vivid examples of work in the consulting room. The book also explores connections between psychoanalysis, art and literature, showing how psychoanalytic insights can enrich our lives far beyond the clinical situation.

Living Psychoanalysis comprises four main sections:

Life and Death – asks what it means to be fully and creatively alive, and introduces the concept of *avant-coup*


Sexuality, Narcissism and the Oedipus complex – develops fresh ways of understanding these key concepts

How analysts listen – explores links between psychoanalytic listening and the way artists look at the world, and introduces the concept of the internal analytic setting

The Independent tradition in British psychoanalysis – considers the theoretical foundations of Independent clinical technique, and discusses from various perspectives the role of training in developing the identity of

analysts and analytic therapists

With fresh theoretical concepts and a focus on specific aspects of clinical practice, *Living Psychoanalysis: From Theory to Experience* will be a valuable resource for analysts, therapists and professionals who wish to extend their vision of psychoanalysis. It will also be of great interest to general readers concerned to deepen their understanding of the links between culture and the mind.

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