



# **How Much Is Too Much? [previously published as How Much Is Enough?]: Raising Likeable, Responsible, Respectful Children--from Toddlers to Teens--in an Age of Overindulgence**

*Jean Illsley Clarke, Connie Dawson, David Bredehoft*

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**A down-to-earth guide to regaining control of your kids and your family**

Overindulgence is not the badge of a bad parent. In fact, it comes directly from having a good and generous heart. But despite our good intentions, the abundance we heap on our kids often becomes more than they need or can handle. Family and parenting experts Jean Illsley Clarke, Connie Dawson, and David Bredehoft help you to understand:

- How damaging overindulgence can be for children
- When you are overindulging--and how to stop
- Which methods work best to establish firm rules and structure
- How to instill responsibility and independence in your kids
- What to do when family and friends are overindulging your kids
- What grandparents can do to help

Based on new research gathered over the past ten years, *How Much Is Too Much?* gives you the insight and advice you need to put your children on track for a happy and successful life.

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**Clifford Walsh:**

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