



## The Best of Irish Country Cooking

*Nuala Cullen*

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## **The Best of Irish Country Cooking** Nuala Cullen

100 TRADITIONAL RECIPES WITH HISTORICAL INFORMATION AND BEAUTIFUL LANDSCAPE PHOTOGRAPHY

Ireland's rich culinary heritage is being rediscovered. Irish food has always been thought of as rustic and filling-hearty comfort food to get you through a cold winter - but a new strand of cooking is emerging, still based on Ireland's rural heritage and favorite ingredients, but with a modern twist. A new wave of artisanal producers is bringing a variety of high-quality ingredients to a wider market-from the freshest wild salmon and oysters to award-winning marsh-fed lamb, farmhouse cheeses, and whiskey. Delis, supermarkets, and gourmet food stores around the world are stocking and celebrating Irish fare for the first time, and the movement for seasonal Irish home cooking is gaining momentum.

Written by accomplished Irish food writer Nuala Cullen, *The Best of Irish Country Cooking* takes a new look at traditional Irish fare. It is filled with mouthwatering, user-friendly recipes, seasonal cooking suggestions, festive Irish traditions, and gorgeous scenes of Ireland's unspoiled landscapes. Seafood and vegetables feature heavily alongside time-honored favorites like Irish Stew, Pork and Apple Pie, and Christmas Pudding in the book's six chapters (Appetizers, Soups, Mains, Sides and Salads, Desserts, Baking, and Preserves). There's even an Irish cocktail recipe dating back to the 18th century!

With lush photography and over 100 traditional, contemporary, and seasonal recipes, *The Best of Irish Country Cooking* is an essential guide to classic Irish cooking today.

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