



# **Orthopaedic Nurses Certification Exam Secrets Study Guide: ONC Test Review for the Orthopaedic Nurses Certification Examination**

*ONC Exam Secrets Test Prep Team*

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\*\*\*Includes Practice Test Questions\*\*\*

Get the test prep help you need to become a Orthopaedic Nurse Certified (ONC).

The Orthopaedic exam is extremely challenging and thorough test preparation is essential for success.

*Orthopaedic Nurses Certification Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the Orthopaedic exam.

Not only does it provide a comprehensive guide to the Orthopaedic exam as a whole, it also provides practice test questions as well as detailed explanations of each answer.

*Orthopaedic Nurses Certification Exam Secrets Study Guide* includes:

- A thorough review for the Orthopaedic Nurses Certification Examination
- A breakdown of degenerative diseases
- An analysis of trauma
- A guide to sports injuries
- An in-depth look at neuromuscular, pediatric, and congenital diseases
- An examination of inflammatory disorders
- A breakdown of operative orthopaedics
- An analysis of metabolic bone disease
- A guide to oncology
- Comprehensive practice questions with detailed answer explanations

It's filled with the critical information you'll need in order to do well on the test the concepts, procedures, principles, and vocabulary that the Orthopaedic Nurses Certification Board (ONCB) expects you to have mastered before sitting for the exam.

**The Degenerative Disease section includes:**

- Osteoarthritis
- Trendelenburg sign and gait
- Chronic low back pain
- Chronic rotator cuff tear
- Bunions

**The Trauma section includes:**

- Cast instructions
- Fracture emergency assessment
- Injuries in motor vehicle accidents

- Limb amputation indications

**The Sports Injuries section includes:**

- Sprains and strains
- Treatment options for children vs. adults
- Plantar fasciitis
- Shoulder dislocations

**The Neuromuscular/ Pediatric/ Congenital section includes:**

- Muscular dystrophy
- Cerebral palsy
- Hip dysplasia in children
- Bowlegs and knock-knees
- Spina bifida

**The Inflammatory Disorders section includes:**

- Rheumatoid arthritis
- Bursitis
- Systemic sclerosis
- Scleroderma

**The Operative Orthopaedics section includes:**

- Blood loss from orthopedic surgery
- Major types of anesthesia
- Compartment syndrome
- Preoperative patient education
- Temperature regulation

**The Metabolic Bone Disease section includes:**

- Osteoporosis
- Vitamin nutrients and prevention measures
- Gout
- Osteomalacia and osteoporosis

**The Oncology section includes:**

- Osteosarcoma
- Metastic bone disease
- Tumor staging methods

These sections are full of specific and detailed information that will be key to passing the Orthopaedic exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

Any test prep guide is only as good as its practice questions and answers, and that's another area where our guide stands out. Our test designers have provided scores of test questions that will prepare you for what to expect on the actual Orthopaedic exam. Each answer is explained in depth, in order to make the principles and reasoning behind it crystal clear.

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