



# Sh\*t Happens, Magic Follows (Allow It!): A Life Of Challenges, Change And Miracles

*Carmen Harris*

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Think magic belongs only on the stage or in the imagination of young children? This book will teach you to reconsider and experience again! The author, 30 years a creative and TV scriptwriter, stumbled into becoming a healer when, totally unexpectedly, the awakened energy in the palms of her hands roused a terminally-ill cancer patient from an unresponsive state. The narrative of extraordinary events in her life can only be described as magical and is captured in the premise of this book: Magic is available to all of us. It is our birthright, calling to us during times of great hardship and difficulty. When we allow it into our lives, amazing transformations can and do take place. Throughout the book there are many examples and testimonials to support the sometimes hard-to-believe scenarios of a magical existence. Included in this book is a practical self-help 'Allowing Handbook' divided into two parts. The first section (Magic) describes sixteen magical elements of the universe – fundamentals that can positively transform our perception of the outer world and bring peace and harmony to our inner existence. The second section (Brown Stuff) lists seventeen different scenarios that may resonate with the reader and the challenges they may be facing right now in their life. Within each of these different sections are dynamic tips and techniques that are designed to help shift the Brown Stuff, resolve difficulties, and get to the Magic. Many testimonials and real-life examples illustrate the points made.

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