



Memory Lessons: A Doctor's Story

Jerald Winakur

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"Jerald Winakur poignantly brings together his personal and professional lives in this healing work, a deeply humane and utterly forthright book of memories, lessons, and revelations."

--Edward Hirsch, author of *Special Orders: Poems*

"*Memory Lessons* is a beautifully written and moving book that is both personal and universal."

--Christine K. Cassel, M.D., president of the American Board of Internal Medicine

"A beautifully written account by a physician son describing his father's decline from Alzheimer's, *Memory Lessons* is a wise and lasting treatise about sickness and health, life and death, and the redeeming power of love."

--Abraham Verghese, author of *My Own Country* and *The Tennis Partner*

"*Memory Lessons* is a searing, heartbreakin, and beautifully written account of a physician's battle against Alzheimer's -- among aging patients in general, but more personally as the disease slowly steals Dr. Winakur's own father. Like all fine literature, this is finally a book about what it means to be human."

--Tim O'Brien

The story of becoming a doctor, and being a son.

Jerald Winakur is a doctor who cares for, and about, the elderly. Dedicated and compassionate, he's a surrogate son to many. And yet, all his years of service helping patients and their families adjust to the challenges of aging did not prepare him for becoming father to his own father, who had become as needy as any child.

In *Memory Lessons*--a tender and provocative book--Dr. Winakur writes about what it's like to be medical counselor to countless patients, while disclosing his personal heartbreak at watching his 86-year-old father descend into disability and dementia, his mother at his side. In both of these roles--highly skilled professional and loving son--he finds he is hard pressed to alter a course that devastates his dad and tears at his family. But he does what he can. A doctor who does his best to listen carefully to each patient in turn, who attempts to confront every problem with, as he says, "a reasonable fund of knowledge, a modicum of common sense, and a large dose of honesty," Dr. Winakur knows that there is much we can do by loving and listening.

We all search for answers; we all want to do the right thing for our parents, but few of us know what that right thing is. Faced with caring for a growing sea of elders, Dr. Winakur reflects on his thirty years in the medical profession to consider the very personal and immediate questions asked by families every day: What are we going to do with Dad? Who will care for him--and how? These are urgent questions, and they're faced head-on in *Memory Lessons* with unflinching honesty, hope, and, above all, love.



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Gerald James:

Reading a guide tends to be new life style in this era globalization. With studying you can get a lot of information that will give you benefit in your life. Along with book everyone in this world can certainly share their idea. Publications can also inspire a lot of people. Lots of author can inspire all their reader with their story or maybe their experience. Not only the storyplot that share in the publications. But also they write about the ability about something that you need instance. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors in this world always try to improve their talent in writing, they also doing some analysis before they write on their book. One of them is this Memory Lessons: A Doctor's Story.

Crystal Parrish:

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their down time with their family, or their particular friends. Usually they performing activity like watching television, likely to beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Can be reading a book is usually option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to try out look for book, may be the book untitled Memory Lessons: A Doctor's Story can be great book to read. May be it may be best activity to you.

Paul Leavens:

Are you kind of occupied person, only have 10 or even 15 minute in your day to upgrading your mind ability or thinking skill even analytical thinking? Then you are experiencing problem with the book when compared with can satisfy your short time to read it because all this time you only find e-book that need more time to be examine. Memory Lessons: A Doctor's Story can be your answer given it can be read by anyone who have those short extra time problems.

Julie Gooch:

As a college student exactly feel bored to reading. If their teacher asked them to go to the library or even make summary for some book, they are complained. Just little students that has reading's internal or real their leisure activity. They just do what the educator want, like asked to the library. They go to right now there but nothing reading very seriously. Any students feel that looking at is not important, boring along with can't see colorful photographs on there. Yeah, it is to be complicated. Book is very important for you. As we know that on this era, many ways to get whatever we really wish for. Likewise word says, ways to reach Chinese's country. Therefore this Memory Lessons: A Doctor's Story can make you experience more interested to read.

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