



# Commando Dad: A Basic Training Manual for the First Three Years of Fatherhood

*Neil Sinclair*

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As used by Prince William himself, here's the basic training manual for fatherhood recruits!

This easy-to-use reference is packed with practical, fieldtested instructions for caring for new troopers, from birth to age three. New dads will learn how to prepare the home for the latest addition to the corps; establish a sleep routine; deal with hostile uprisings; feed, burp, and bathe a baby trooper; and much, much more. Written by an ex-commando and father of three, the book looks and reads like a basic training military manual and is full of no-nonsense advice delivered in a relatable and warm—but not sappy—tone.

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