



Made in Reality

Stephanie Pratt

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Stephanie Pratt is the consummate reality star.

Since 2007, her life has been lived almost as much on the small screen as off it, and constantly analysed in gossip columns. In *Made in Reality*, Stephanie gives an exclusive insight into the trials and tribulations of life on reality TV, taking us behind the scenes of *The Hills*, *Made in Chelsea* and even the *Big Brother* House. Nothing is off-limits, from the drama of her relationship with Spencer Matthews, to her issues with her brother Spencer Pratt. But there is more to Stephanie than the glamour of Beverly Hills and the Kings Road. For the first time, she shares her struggles with drug addiction, eating disorders, and the pressures of fame in the internet age.

Inspiring, fascinating, and insightful throughout, this is an honest account of the truth behind reality.



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