



## Everyday Enlightenment: Seven Stories of Awakening

*Sally Bongers*

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Sally Bongers, the distinguished Australian cinematographer, compiled these interviews while researching subjects for a documentary film on Enlightenment. Initially she sought out established spiritual teachers, but her emphasis changed to interviewing ordinary people who had experienced a shift of perception which, in the Eastern tradition, would be called Enlightenment or Liberation. She found men and women who still live their lives much as they had done before the realization, working and living in the everyday world. Seven of their stories were chosen for this book. Hearing these people talk about living with this understanding in the real world (not in an ice-cave somewhere!) confirmed the closeness of it all. These stories make it clear that Enlightenment can “happen” to anyone, regardless of so-called spiritual qualifications.



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The book untitled Everyday Enlightenment: Seven Stories of Awakening contain a lot of information on it. The writer explains the girl idea with easy technique. The language is very clear to see all the people, so do not really worry, you can easy to read the idea. The book was authored by famous author. The author will take you in the new time of literary works. You can actually read this book because you can read more your smart phone, or product, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site and also order it. Have a nice examine.

#### **Linda Young:**

In this era globalization it is important to someone to get information. The information will make professionals understand the condition of the world. The healthiness of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, newspapers, book, and soon. You will see that now, a lot of publisher that print many kinds of book. The book that recommended to you personally is Everyday Enlightenment: Seven Stories of Awakening this book consist a lot of the information on the condition of this world now. That book was represented how can the world has grown up. The terminology styles that writer use to explain it is easy to understand. Often the writer made some study when he makes this book. Here is why this book ideal all of you.

#### **Edda Allen:**

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