



Your Best Face Now: Look Younger in 20 Days with the Do-It-Yourself Acupressure Facelift

Shellie Goldstein

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Expert acupuncturist and top skincare specialist Shellie Goldstein presents a 20-minute-a-day acupressure system that promises to rejuvenate facial muscle and reduce wrinkles.

Cosmetic acupuncture is today's hottest antiaging treatment, and no one knows it better than Shellie Goldstein. Her signature AcuFacial(r) has made this licensed acupuncturist one of the top skincare specialists in Manhattan and the Hamptons, with a devoted clientele- including Rosanne Cash and Martha Stewart- many of whom pay \$500 per treatment to experience its dramatic benefits.

Now, everyone can reap the benefits of Goldstein's AcuFacial(r) on their own at home with acupressure, a unique therapy that uses massage instead of needles to lift sagging facial muscles, reduce wrinkles, and return youthful vitality to skin tone. Illustrated with amazing before- and-after photos and providing simple step-bystep, easy-to-follow instructions, diet recommendations, recipes, and skincare tips, *Your Best Face Now* teaches everyone how to erase the lines of time-on any budget- in just twenty minutes a day.

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Wade Diaz:

The book untitled Your Best Face Now: Look Younger in 20 Days with the Do-It-Yourself Acupressure Facelift contain a lot of information on that. The writer explains her idea with easy technique. The language is very clear to see all the people, so do not necessarily worry, you can easy to read that. The book was written by famous author. The author will bring you in the new era of literary works. You can easily read this book because you can please read on your smart phone, or model, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can wide open their official web-site and also order it. Have a nice go through.

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