



A Chicken in Every Pot: Global Recipes for the Wold's Most Popular Bird (Capital Lifestyles)

Kate Heyhoe

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Chicken is more than nourishment: it's a comforting, homey and familiar food. Americans have always loved chicken, and with the current economic and emotional trends, American have more reasons to enjoy the thrifty but versatile chicken than ever before. The 150 recipes in this book take chicken around the world, with recipes that are simple to make yet exotic in flavor. Targeted at today's busy but flavor-hungry consumer, this book also shows the current generation how to save money by cutting up a whole chicken and by deboning their own chicken breasts. The unique sidebars known as "FlavorPrints: Blueprints for World Cuisines," act as guides for developing impromptu dishes with international passports.

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