



## Your Baby's First Year For Dummies

*James Gaylord, Michelle Hagen*

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# Your Baby's First Year For Dummies

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**Your Baby's First Year For Dummies** James Gaylord, Michelle Hagen

Everything parents need to give their babies the best start

Each year, more than 4 million babies are born in the United States-and the first year of a baby's life is a joyous, challenging, and sometimes overwhelming time. Your Baby's First Year For Dummies serves as a complete guide for baby's first twelve months-from what to do when arriving home from the hospital to handling feeding, bathing, and sleeping routines to providing the right stimuli for optimal progress. Packed with tips on every aspect of baby's physical, emotional, and social development, this friendly guide gives parents advice on such important topics as breastfeeding vs. bottle-feeding, teething, baby toy safety, food preparation, food allergies, traveling, and much more.

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