



Mental Wellbeing: 201 (Issues)

Lisa Firth

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It is estimated that one in four British people suffer from a diagnosable mental health disorder at some point in their lives, and new figures have revealed that England spends over ?100 billion on mental health-related costs. 'Mental Wellbeing' offers a comprehensive overview of this broad subject, looking at specific mental health disorders including bipolar, depression and schizophrenia, as well as at social attitudes to mental ill health and how those living with a mental illness deal with the stigma which still surrounds the subject. The information comes from a wide range of sources and includes government reports and statistics, newspaper articles, features, magazine articles and surveys, literature from lobby groups and charitable organisations.

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